

Consensus recommendations on adhesions (version 2014) for the ESGE Adhesions Research Working Group (European Society for Gynecological Endoscopy): an expert opinion

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Introduction

Adhesions are the most frequent complication of gynecological surgery and may represent one of the greatest unresolved medical problems in gynecology today. The European Society for Gynecological Endoscopy (ESGE) has founded the “ESGE Adhesions Research Working Group” in 2005. As many gynecological surgeons were not aware of the extend of the adhesion problem and its serious consequences, a first expert consensus position was published

2007 to discuss the opportunities reducing adhesion incidence and proposing collective expert proposals on the actions for gynecologists to be taken to avoid causing adhesions [1].

A review of adhesion prophylaxis research concerning gynecological surgery in 2012 showed that more clinical studies were necessary to fully understand adhesion formation and to develop new strategies for adhesion prevention [2].

A European survey in 2014 on the awareness of post-surgical adhesions among gynecological surgeons showed that the knowledge on adhesions and of reduction techniques as well as agents had improved, but was still mainly the field of specialized minimal-access surgeons [3].

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